

2026 RCSL RSAL vs SHER - Yards WK5 - 7/1/2026

Results - Regular Dual Meet

#1 Girls 8&U 100 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	1:54.53
Guerrero, Gianna R 8	Ray, Rose 6	
Peraza, Cate 8	Bess, Brooklyn 7	
2 RSAL	A	2:27.62
McKee, Quinn 8	Peyton, Eleanor 7	
O'Kane, Brigid 8	Tadros, Iryna 7	
--- SHER	B	X2:14.40
Crews, Eleanor M 6	Barca, Maddie 8	
Koprowski, Annalise 7	Brezinski, Andi Marie 8	
--- SHER	C	X2:29.20
Jones, Juliet 6	Norton, Lexie 8	
Crouch, Lenora 7	Brezinski, Mabry 6	

#2 Boys 8&U 100 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	1:41.21
Mitchell, Peter 8	Brakefield, Sebastian T	
Morrison, Alex 8	Johnson, Luke 8	
--- SHER	B	X2:07.77
Spybey, Roland 8	Kelley, Ellis B 8	
Beales, Dexter J 8	Rogers, Daniel 6	
--- SHER	C	X2:31.33
Groundwater, Indi 7	Michaelson, Freddy 8	
Gunn, Stanton 8	Rodriguez- Davila, Tiag	

#3 Girls 9-10 200 Yard Medley Relay

Team	Relay	Finals Time
1 RSAL	A	2:54.19
Groves, Anne M 9	Riggins, Chloe 9	
Roughneen, Hannah 10	Wolff, Peyton 10	
2 SHER	A	3:00.74
Ruhkala, Lydia 10	Clay, Haven R 10	
Wathen, Molly 10	Crosson, Eden H 10	
--- SHER	B	X3:50.67
Hunkapiller, Jane E 10	Burchfield, Madison 10	
Nishimura, Harper S 9	Bell, Jazmine L 10	
--- SHER	C	X3:56.53
Groundwater, Kateleigl	Koprowski, Sophie 9	
Schwarze, Darcy 9	Gil, Gemma 9	
--- RSAL	B	X4:24.37
Dainard, Rose 10	Reynolds, Kennedy 10	
Howard, Amelia 10	Lape, Emma 10	

#4 Boys 9-10 200 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	3:10.65
Dam, James 10	Stinson, Benji P 10	
King, Paul 10	Rodriguez- Davila, Enzo	
--- SHER	B	X3:45.93
Burchfield, Houston 10	Bess, Harrison 10	
Hicks, Charlie 10	Spratley, Caleb 9	
--- SHER	C	X4:22.46
Scott, Alex 10	Rogers, Abram 10	
Kelley, Emory G 9	Page, Graham P 9	

#5 Girls 11-12 200 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	2:26.45
Ray, Lily 11	Wathen, Annie 12	
Knight, Makenzie 12	Wilfong, Millie 12	
2 RSAL	A	3:17.28
Tadros, Apfeya 12	Cloar, Piper R 11	
Petek, Emma J 12	Boman, Kyla J 11	
--- SHER	B	X3:05.12
Van Wagenen, Dolly 11	Koprowski, Kinsey 12	
Hicks, Josie 12	Wood, Kate J 12	
--- SHER	C	X3:13.85
Prewitt, Charlotte L 12	StPeter, Lyla 12	
Novack, Heather 11	Brown, Kimberlee 11	

#6 Boys 11-12 200 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	2:33.82
Crouch, Micaiah 12	Wathen, Jack 12	
Kirkpatrick, Ethan 11	Nishimura, Easton J 11	
2 RSAL	A	2:34.63
Harness, George A 12	Roughneen, Conall 12	
Fleming, Zander T 12	Thompson, Xavier J 11	
--- SHER	B	X3:01.71
Pittman, James 11	Ruhkala, Micah 12	
Stinson, Elliott M 12	Crosson, Asa J 12	
--- SHER	C	X3:10.32
Hunkapiller, Sam J 12	Andrews, Benjamin D 11	
Peraza, Andrew 11	Guerrero, Marc 11	
--- RSAL	B	X4:18.67
Herrmann, Barrett 11	Indraputra, Alvin 12	
Cloar, Owen R 9	Browning, Nigel 12	

#7 Girls 13-14 200 Yard Medley Relay

Team	Relay	Finals Time
1 RSAL	A	2:06.06
Harness, Anne Marie M	Jones, Lily A 14	
McKee, Rory 14	Petek, Abby G 14	
2 SHER	A	2:26.60
Walker, Audrey 14	Fleischmann, Cora 13	
Jones, Naomi 13	Simpson, Danica R 14	
--- SHER	B	X2:57.98
Hedrick, Heather 14	Smith, Megan A 13	
Pittman, Maggie 13	Eubanks, Luci G 13	
--- SHER	C	X3:06.17
Stenmark, Gemma Clar	Duffy, Sophia 13	
Novack, Blakelyn 14	Dyer, Abby 14	

#8 Boys 13-14 200 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	2:08.20
Sprinz, Evan A 14	Burchfield, Preston 14	
Detwiler, Fritz A 14	Ruhkala, Andrew 14	
2 RSAL	A	2:16.02
Lawson, Isaiah 14	Bender, Chase 13	
Groves, William E 14	Taylor, William 13	
--- SHER	B	X2:37.88
Groundwater, Trigg 14	Clay, Eli B 13	
Bokmeyer, Bastian 13	Eubanks, Leland J 13	

#9 Girls 15-17 200 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	2:07.43
Clay, Avianna J 15	Gyorok, Ava 16	
Sprinz, Ceilidh I 17	Wood, Lillie G 15	
2 RSAL	A	2:36.91
McKee, Emily 14	Jackson, Allison 15	
Sandidge, Mayson L 16	Zabel, Hannah M 16	

#10 Boys 15-17 200 Yard Medley Relay

Team	Relay	Finals Time
1 SHER	A	2:07.92
Everleth, Luke R 17	Andrews, Aaron R 15	
Yobs, Daniel 15	Perez, Nico K 17	
--- SHER	B	X2:18.26
Simpson, Hunter R 16	Eubanks, Graham L 17	
Pittman, Thomas 15	Blakely, Nathaniel 16	

#11 Girls 6&U 25 Yard Free

Name	Age	Team	Finals Time
1 Ray, Rose	6	SHER	21.97
2 Mitchell, Claudia	6	SHER	28.31
3 Beales, Sonia M	5	SHER	33.74

#13 Girls 6&U 25 Yard Free Exhibition

Name	Age	Team	Finals Time
1 Beales, Sonia M	5	SHER	29.50
--- Jones, Juliet	6	SHER	X31.93
--- Wallace, Joanna R	6	SHER	X32.41
--- Nishimura, Hadley N	5	SHER	X34.34
--- Herrell, Merry-Elizab	6	SHER	X35.94
--- Brezinski, Mabry	6	SHER	X39.81
--- Gil, Pippa	5	SHER	X41.91
--- Gunn, Isabel	5	SHER	X51.96
--- Barca, Claire	5	SHER	X52.11
--- Schwarze, Aubrey	5	SHER	X1:03.99

#14 Boys 6&U 25 Yard Free

Name	Age	Team	Finals Time
1 Morrison, Mac	6	SHER	31.58
2 Rogers, Daniel	6	SHER	31.72
3 Barca, Walt	5	SHER	46.38

#16 Boys 6&U 25 Yard Free Exhibition

Name	Age	Team	Finals Time
--- Brakefield, Gabe	4	SHER	X1:01.69
--- Herrell, Gabe	4	SHER	X1:26.02

#17 Girls 8&U 25 Yard Free

Name	Age	Team	Finals Time
1 Guerrero, Gianna R	8	SHER	21.69
2 Peraza, Cate	8	SHER	22.31
3 Peyton, Eleanor	7	RSAL	23.02
4 O'Kane, Brigid	8	RSAL	26.41
5 Tadros, Iryna	7	RSAL	28.88
6 Bess, Brooklyn	7	SHER	29.43

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#19 Girls 8&U 25 Yard Free Exhibition

Name	Age	Team	Finals Time
--- Koprowski, Annalise	7	SHER	X29.05
--- Brezinski, Andi Marie	8	SHER	X34.25
--- McKee, Quinn	8	RSAL	X1:07.21

#20 Boys 8&U 25 Yard Free

Name	Age	Team	Finals Time
1 Johnson, Luke	8	SHER	20.95
2 Beales, Dexter J	8	SHER	26.41
3 Wally, Harvey	8	RSAL	31.52
4 Slayton, Brantley	8	RSAL	33.37
5 Rodriguez- Davila, Ti	7	SHER	35.32
6 Dainard, Pierce	7	RSAL	42.44

#22 Boys 8&U 25 Yard Free Exhibition

Name	Age	Team	Finals Time
--- Spybey, Roland	8	SHER	X24.79
--- Groundwater, Indi	7	SHER	X31.08
--- Gunn, Stanton	8	SHER	X33.72
--- Van Wagenen, Grant	7	SHER	X39.94
--- Farris, Levi	8	SHER	X41.71

#23 Girls 9-10 50 Yard Free

Name	Age	Team	Finals Time
1 Riggins, Chloe	9	RSAL	34.88
2 Crosson, Eden H	10	SHER	36.49
3 Groves, Anne M	9	RSAL	38.06
4 Wolff, Peyton	10	RSAL	38.91
5 Burchfield, Madison	10	SHER	40.16
6 Clay, Haven R	10	SHER	42.96

#25 Girls 9-10 50 Yard Free Exhibition

Name	Age	Team	Finals Time
1 Chivers, Lily G	9	SHER	53.10
--- Nishimura, Harper S	9	SHER	X40.26
--- Schwarze, Darcy	9	SHER	X44.99
--- Zhou, Evelyn	10	RSAL	X47.10
--- Bender, Aria	9	RSAL	X47.53
--- Reynolds, Kennedy	10	RSAL	X47.74
--- Mayer, Roisin N	9	SHER	X49.59
--- Van Wagenen, Lacey	9	SHER	X50.52
--- Howard, Amelia	10	RSAL	X52.91
--- Dainard, Rose	10	RSAL	X56.03
--- Lape, Emma	10	RSAL	X1:00.84
--- Bell, Jazmine L	10	SHER	X1:02.59
--- Tadros, Ciara	10	RSAL	X1:12.15
--- StPeter, Madelyn	10	SHER	X1:22.59
--- Powers, Reagan	9	SHER	X1:22.73
--- Groundwater, Katelei	10	SHER	X1:25.63

#26 Boys 9-10 50 Yard Free

Name	Age	Team	Finals Time
1 Dam, James	10	SHER	40.49
2 King, Paul	10	SHER	43.00
3 Rodriguez- Davila, En	10	SHER	43.05
4 O'Kane, Ambrose	10	RSAL	51.43
5 Cloar, Owen R	9	RSAL	52.01

#28 Boys 9-10 50 Yard Free Exhibition

Name	Age	Team	Finals Time
--- Hicks, Charlie	10	SHER	X51.63
--- Page, Graham P	9	SHER	X52.42
--- Varlas, Andrew	10	SHER	X57.60
--- Spratley, Caleb	9	SHER	X1:01.65
--- Rogers, Abram	10	SHER	X1:01.72
--- Kelley, Emory G	9	SHER	X1:05.31

#29 Girls 11-12 50 Yard Free

Name	Age	Team	Finals Time
1 Ray, Lily	11	SHER	32.81
2 Petek, Emma J	12	RSAL	33.26
3 Wilfong, Millie	12	SHER	33.64
4 Koprowski, Kinsey	12	SHER	37.90
5 Boman, Kyla J	11	RSAL	45.27
6 Tadros, Apfeya	12	RSAL	54.21

#31 Girls 11-12 50 Yard Free Exhibition

Name	Age	Team	Finals Time
--- Novack, Heather	11	SHER	X36.13
--- Hicks, Josie	12	SHER	X36.90
--- Brown, Kimberlee	11	SHER	X37.57
--- Wood, Kate J	12	SHER	X38.24
--- Duehring, Alice	12	SHER	X41.37
--- Mayer, Barrett V	12	SHER	X41.75
--- Van Wagenen, Dolly	11	SHER	X45.77
--- Koprowski, Cali	11	SHER	X46.75
--- Hedrick, Gwyn	12	SHER	X53.04
--- Spratley, Quinn	11	SHER	X53.44
--- Prewitt, Charlotte L	12	SHER	X56.13
--- Yobs, Hannah	11	SHER	X56.54
--- Powers, Zoe	11	SHER	X1:09.59

#32 Boys 11-12 50 Yard Free

Name	Age	Team	Finals Time
1 Fleming, Zander T	12	RSAL	28.22
2 Nishimura, Easton J	11	SHER	30.84
3 Harness, George A	12	RSAL	31.34
4 Kirkpatrick, Ethan	11	SHER	35.04
5 Stinson, Elliott M	12	SHER	37.67
6 Thompson, Xavier J	11	RSAL	41.66

#34 Boys 11-12 50 Yard Free Exhibition

Name	Age	Team	Finals Time
1 Pittman, James	11	SHER	36.77
2 Crosson, Asa J	12	SHER	37.25
--- Guerrero, Marc	11	SHER	X37.76
--- Peraza, Andrew	11	SHER	X39.05
--- Norton, Lucas	11	SHER	X40.26
--- Elliott, Tripp	11	SHER	X41.24
--- Roughneen, Conall	12	RSAL	X41.88
--- Scott, Liam	12	SHER	X43.25
--- Indraputra, Alvin	12	RSAL	X45.06
--- Groundwater, Brek	12	SHER	X49.97
--- Allen, Caden L	12	SHER	X55.98
--- Browning, Nigel	12	RSAL	X56.30
--- Herrmann, Barrett	11	RSAL	X57.21

#35 Girls 13-14 50 Yard Free

Name	Age	Team	Finals Time
1 Petek, Abby G	14	RSAL	26.25
2 Jones, Lily A	14	RSAL	27.34
3 Harness, Anne Marie	14	RSAL	27.35
4 Jones, Naomi	13	SHER	32.03
5 Novack, Blakelyn	14	SHER	36.55
6 Eubanks, Luci G	13	SHER	36.89

#37 Girls 13-14 50 Yard Free Exhibition

Name	Age	Team	Finals Time
--- McKee, Rory	14	RSAL	X31.30
--- McKee, Emily	14	RSAL	X32.39
--- Pittman, Maggie	13	SHER	X37.82
--- Dyer, Abby	14	SHER	X38.94
--- Hedrick, Heather	14	SHER	X42.26
--- Tadros, Theia	13	RSAL	X45.56

#38 Boys 13-14 50 Yard Free

Name	Age	Team	Finals Time
1 Groves, William E	14	RSAL	26.50
2 Burchfield, Preston	14	SHER	28.28
3 Bender, Chase	13	RSAL	30.15
4 Eubanks, Leland J	13	SHER	34.91
5 Taylor, William	13	RSAL	35.25
6 Duffy, Nathan	13	SHER	37.63

#40 Boys 13-14 50 Yard Free Exhibition

Name	Age	Team	Finals Time
--- Bokmeyer, Bastian	13	SHER	X29.30

#41 Girls 15-17 50 Yard Free

Name	Age	Team	Finals Time
1 Gyorok, Ava	16	SHER	31.60
2 Norton, Rowan	15	RSAL	31.96
3 Sandidge, Mayson L	16	RSAL	32.06
4 Sprinz, Ceilidh I	17	SHER	32.70
5 Jackson, Allison	15	RSAL	35.48

#44 Boys 15-17 50 Yard Free

Name	Age	Team	Finals Time
1 Groves, James A	16	RSAL	24.92
2 Everleth, Luke R	17	SHER	25.75
3 Perez, Nico K	17	SHER	27.47
4 Pittman, Thomas	15	SHER	27.99
5 Reynolds, Konnor	15	RSAL	30.30

#46 Boys 15-17 50 Yard Free Exhibition

Name	Age	Team	Finals Time
--- Blakely, Nathaniel	16	SHER	X30.36
--- Powers, Julian Jr	16	SHER	X31.98
--- Powers, Boaz	15	SHER	X32.83
--- Haeme, Ashton	15	SHER	X36.20

#47 Girls 8&U 25 Yard Breast

Name	Age	Team	Finals Time
1 Ray, Rose	6	SHER	31.28
2 O'Kane, Brigid	8	RSAL	33.94
3 Peyton, Eleanor	7	RSAL	35.45

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#47 Girls 8&U 25 Yard Breast

---	Barca, Maddie	8	SHER	DQ
---	Norton, Lexie	8	SHER	DQ

#48 Boys 8&U 25 Yard Breast

Name	Age	Team	Finals Time	
1 Mitchell, Peter	8	SHER	27.75	
2 Brakefield, Sebastian	7	SHER	31.17	
---	Kelley, Ellis B	8	SHER	DQ
---	Slayton, Brantley	8	RSAL	DQ

#49 Girls 9-10 50 Yard Breast

Name	Age	Team	Finals Time	
1 Wathen, Molly	10	SHER	43.72	
2 Riggins, Chloe	9	RSAL	43.82	
3 Roughneen, Hannah	10	RSAL	51.68	
4 Koprowski, Sophie	9	SHER	1:05.63	
5 Howard, Amelia	10	RSAL	1:11.23	
---	Wallace, MaryAlice K	9	SHER	DQ

#50 Boys 9-10 50 Yard Breast

Name	Age	Team	Finals Time
1 Stinson, Benji P	10	SHER	57.07
2 Scott, Alex	10	SHER	1:02.06
3 O'Kane, Ambrose	10	RSAL	1:20.78

#51 Girls 11-12 50 Yard Breast

Name	Age	Team	Finals Time	
1 Wathen, Annie	12	SHER	37.71	
2 Knight, Makenzie	12	SHER	43.41	
3 Cloar, Piper R	11	RSAL	55.55	
4 Tadros, Apfeya	12	RSAL	1:07.25	
5 Boman, Kyla J	11	RSAL	1:08.40	
---	StPeter, Lyla	12	SHER	DQ

#52 Boys 11-12 50 Yard Breast

Name	Age	Team	Finals Time	
1 Wathen, Jack	12	SHER	39.89	
2 Harness, George A	12	RSAL	44.67	
3 Kirkpatrick, Ethan	11	SHER	46.86	
4 Roughneen, Conall	12	RSAL	47.37	
5 Andrews, Benjamin D	12	SHER	55.31	
---	Indraputra, Alvin	12	RSAL	DQ

#53 Girls 13-14 50 Yard Breast

Name	Age	Team	Finals Time
1 Jones, Lily A	14	RSAL	35.21
2 McKee, Emily	14	RSAL	40.96
3 Jones, Naomi	13	SHER	41.60
4 Fleischmann, Cora	13	SHER	44.99
5 Duffy, Sophia	13	SHER	45.32
6 Tadros, Theia	13	RSAL	1:07.40

#54 Boys 13-14 50 Yard Breast

Name	Age	Team	Finals Time
1 Detwiler, Fritz A	14	SHER	33.07
2 Bender, Chase	13	RSAL	34.11
3 Sprinz, Evan A	14	SHER	40.29
4 Clay, Eli B	13	SHER	45.74

5 Taylor, William	13	RSAL	52.89	
---	Lawson, Isaiah	14	RSAL	DQ

#55 Girls 15-17 50 Yard Breast

Name	Age	Team	Finals Time
1 Gyrok, Ava	16	SHER	36.33
2 Clay, Avianna J	15	SHER	36.58
3 Wood, Lillie G	15	SHER	41.33
4 Jackson, Allison	15	RSAL	43.94
5 Sandidge, Mayson L	16	RSAL	43.98

#56 Boys 15-17 50 Yard Breast

Name	Age	Team	Finals Time
1 Everleth, Luke R	17	SHER	35.74
2 Andrews, Aaron R	15	SHER	35.95
3 Eubanks, Graham L	17	SHER	36.99
4 Reynolds, Konnor	15	RSAL	44.93

#57 Mixed 8&U 100 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	1:26.48	
	Peraza, Cate W8	Ray, Rose W6	
	Johnson, Luke M8	Mitchell, Peter M8	
2 RSAL	A	1:50.51	
	O'Kane, Brigid W8	Slayton, Brantley M8	
	Wally, Harvey M8	Peyton, Eleanor W7	
---	SHER	B	X1:46.18
	Bess, Brooklyn W7	Brakefield, Sebastian T	
	Mitchell, Claudia W6	Morrison, Alex M8	
---	SHER	C	X1:47.39
	Michaelson, Freddy M8	Crouch, Lenora W7	
	Kelley, Ellis B M8	Guerrero, Gianna R W8	

#59 Mixed 9-10 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	2:35.93	
	Crosson, Eden H W10	King, Paul M10	
	Dam, James M10	Wathen, Molly W10	
2 RSAL	A	3:44.47	
	Zhou, Evelyn W10	Cloar, Owen R M9	
	Tadros, Ciara W10	Bender, Aria W9	
---	SHER	C	X2:56.00
	Hunkapiller, Jane E W1	Stinson, Benji P M10	
	Bess, Harrison M10	Clay, Haven R W10	
---	SHER	B	X3:06.87
	Nishimura, Harper S W	Rodriguez- Davila, Enzo	
	Burchfield, Houston M1	Burchfield, Madison W	

#61 Mixed 11-12 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	2:04.23	
	Wathen, Jack M12	Ray, Lily W11	
	Nishimura, Easton J M1	Wathen, Annie W12	
2 RSAL	A	2:12.10	
	Harness, George A M12	Cloar, Piper R W11	
	Petek, Emma J W12	Fleming, Zander T M12	
---	SHER	C	X2:25.65
	Stinson, Elliott M M12	Novack, Heather W11	
	Hunkapiller, Sam J M12	Knight, Makenzie W12	

---	SHER	B	X2:27.91
	Koprowski, Kinsey W1	Crouch, Micaiah M12	
	Wilfong, Millie W12	Crosson, Asa J M12	
---	RSAL	B	X3:11.75
	Indraputra, Alvin M12	Tadros, Apfeya W12	
	Boman, Kyla J W11	Thompson, Xavier J M1	

#63 Mixed 13-14 200 Yard Free Relay

Team	Relay	Finals Time	
1 RSAL	A	1:50.75	
	Petek, Abby G W14	Bender, Chase M13	
	Harness, Anne Marie M	Groves, William E M14	
2 SHER	A	1:55.80	
	Walker, Audrey W14	Burchfield, Preston M1	
	Jones, Naomi W13	Detwiler, Fritz A M14	
---	SHER	B	X2:09.33
	Simpson, Danica R W14	Sprinz, Evan A M14	
	Novack, Blakelyn W14	Ruhkala, Andrew M14	
---	SHER	C	X2:11.42
	Fleischmann, Cora W1	Groundwater, Trigg M1	
	Pittman, Maggie W13	Bokmeyer, Bastian M13	
---	RSAL	B	X2:15.78
	McKee, Emily W14	Lawson, Isaiah M14	
	Taylor, William M13	McKee, Rory W14	

#65 Mixed 15-17 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	1:51.21	
	Clay, Avianna J W15	Perez, Nico K M17	
	Wood, Lillie G W15	Everleth, Luke R M17	
2 RSAL	A	2:05.19	
	Reynolds, Konnor M15	Jackson, Allison W15	
	Sandidge, Mayson L W1	Groves, James A M16	
---	SHER	B	X2:00.43
	Gyrok, Ava W16	Yobs, Daniel M15	
	Sprinz, Ceilidh I W17	Eubanks, Graham L M1	

#67 Girls 8&U 25 Yard Back

Name	Age	Team	Finals Time
1 Guerrero, Gianna R	8	SHER	26.36
2 Peraza, Cate	8	SHER	26.42
3 Tadros, Iryna	7	RSAL	29.37
4 Peyton, Eleanor	7	RSAL	30.29
5 Ray, Rose	6	SHER	33.92
6 McKee, Quinn	8	RSAL	44.72

#68 Boys 8&U 25 Yard Back

Name	Age	Team	Finals Time	
1 Mitchell, Peter	8	SHER	24.36	
2 Brakefield, Sebastian	7	SHER	31.37	
3 Slayton, Brantley	8	RSAL	31.71	
4 Michaelson, Freddy	8	SHER	35.91	
5 Dainard, Pierce	7	RSAL	37.43	
---	Wally, Harvey	8	RSAL	DQ

#69 Girls 9-10 50 Yard Back

Name	Age	Team	Finals Time
1 Wathen, Molly	10	SHER	40.93
2 Hunkapiller, Jane E	10	SHER	48.16
3 Ruhkala, Lydia	10	SHER	50.49

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4	Bender, Aria	9	RSAL	55.32
5	Zhou, Evelyn	10	RSAL	55.90
6	Tadros, Ciara	10	RSAL	1:03.17

#70 Boys 9-10 50 Yard Back

Name	Age	Team	Finals Time	
1	Dam, James	10	SHER	49.43
2	Burchfield, Houston	10	SHER	51.91
3	King, Paul	10	SHER	54.75
4	O'Kane, Ambrose	10	RSAL	1:01.27
5	Cloar, Owen R	9	RSAL	1:04.65

#71 Girls 11-12 50 Yard Back

Name	Age	Team	Finals Time	
1	Wathen, Annie	12	SHER	34.96
2	Ray, Lily	11	SHER	37.65
3	Knight, Makenzie	12	SHER	40.06
4	Cloar, Piper R	11	RSAL	42.60
5	Tadros, Apfeya	12	RSAL	1:06.34

#72 Boys 11-12 50 Yard Back

Name	Age	Team	Finals Time	
1	Fleming, Zander T	12	RSAL	31.10
2	Wathen, Jack	12	SHER	37.04
3	Nishimura, Easton J	11	SHER	40.53
4	Crouch, Micaiah	12	SHER	46.68
5	Roughneen, Conall	12	RSAL	47.80
6	Herrmann, Barrett	11	RSAL	1:11.14

#73 Girls 13-14 50 Yard Back

Name	Age	Team	Finals Time	
1	Petek, Abby G	14	RSAL	30.54
2	Harness, Anne Marie	14	RSAL	31.55
3	Walker, Audrey	14	SHER	32.71
4	McKee, Emily	14	RSAL	39.99
5	Fleischmann, Cora	13	SHER	45.68
6	Smith, Megan A	13	SHER	47.17

#74 Boys 13-14 50 Yard Back

Name	Age	Team	Finals Time	
1	Groves, William E	14	RSAL	29.99
2	Detwiler, Fritz A	14	SHER	33.48
3	Bender, Chase	13	RSAL	38.31
4	Lawson, Isaiah	14	RSAL	40.47
5	Duffy, Nathan	13	SHER	46.50

#75 Girls 15-17 50 Yard Back

Name	Age	Team	Finals Time	
1	Clay, Avianna J	15	SHER	34.91
2	Wood, Lillie G	15	SHER	35.59
3	Sprinz, Ceilidh I	17	SHER	36.85

#76 Boys 15-17 50 Yard Back

Name	Age	Team	Finals Time	
1	Groves, James A	16	RSAL	29.92
2	Everleth, Luke R	17	SHER	31.00
3	Yobs, Daniel	15	SHER	31.74
4	Eubanks, Graham L	17	SHER	38.39

#77 Girls 8&U 25 Yard Fly

Name	Age	Team	Finals Time	
1	O'Kane, Brigid	8	RSAL	29.69
2	Peraza, Cate	8	SHER	30.00
3	Guerrero, Gianna R	8	SHER	31.74
4	Tadros, Iryna	7	RSAL	38.33
5	Crouch, Lenora	7	SHER	40.93

#78 Boys 8&U 25 Yard Fly

Name	Age	Team	Finals Time	
1	Mitchell, Peter	8	SHER	24.01
2	Morrison, Alex	8	SHER	25.71
---	Brakefield, Sebastian	7	SHER	DQ
---	Wally, Harvey	8	RSAL	DQ

#79 Girls 9-10 50 Yard Fly

Name	Age	Team	Finals Time	
1	Wathen, Molly	10	SHER	39.84
2	Crosson, Eden H	10	SHER	44.34
3	Groves, Anne M	9	RSAL	46.05
4	Roughneen, Hannah	10	RSAL	46.52
5	Wolff, Peyton	10	RSAL	50.10
6	Gil, Gemma	9	SHER	54.48

#80 Boys 9-10 50 Yard Fly

Name	Age	Team	Finals Time	
1	King, Paul	10	SHER	1:03.95
2	Bess, Harrison	10	SHER	1:05.03
3	Scott, Alex	10	SHER	1:05.66

#81 Girls 11-12 50 Yard Fly

Name	Age	Team	Finals Time	
1	Wathen, Annie	12	SHER	33.98
2	Ray, Lily	11	SHER	36.83
3	Knight, Makenzie	12	SHER	39.51
4	Petek, Emma J	12	RSAL	40.77
5	Cloar, Piper R	11	RSAL	54.83
---	Boman, Kylah J	11	RSAL	DQ

#82 Boys 11-12 50 Yard Fly

Name	Age	Team	Finals Time	
1	Fleming, Zander T	12	RSAL	31.56
2	Wathen, Jack	12	SHER	34.91
3	Harness, George A	12	RSAL	37.36
4	Ruhkala, Micah	12	SHER	57.79
---	Thompson, Xavier J	11	RSAL	DQ
---	Hunkapiller, Sam J	12	SHER	DQ

#83 Girls 13-14 50 Yard Fly

Name	Age	Team	Finals Time	
1	Jones, Lily A	14	RSAL	29.74
2	Walker, Audrey	14	SHER	33.24
3	McKee, Rory	14	RSAL	33.54
4	Simpson, Danica R	14	SHER	36.46
5	Duffy, Sophia	13	SHER	39.15
6	McKee, Emily	14	RSAL	39.87

#84 Boys 13-14 50 Yard Fly

Name	Age	Team	Finals Time	
1	Groves, William E	14	RSAL	28.02
2	Detwiler, Fritz A	14	SHER	28.66
3	Groundwater, Trigg	14	SHER	44.48
4	Eubanks, Leland J	13	SHER	47.50
---	Lawson, Isaiah	14	RSAL	DQ

#85 Girls 15-17 50 Yard Fly

Name	Age	Team	Finals Time	
1	Clay, Avianna J	15	SHER	29.86
2	Sprinz, Ceilidh I	17	SHER	32.86
3	Wood, Lillie G	15	SHER	33.25
4	Sandidge, Mayson L	16	RSAL	35.45

#86 Boys 15-17 50 Yard Fly

Name	Age	Team	Finals Time	
1	Groves, James A	16	RSAL	27.76
2	Simpson, Hunter R	16	SHER	32.39
3	Pittman, Thomas	15	SHER	33.17
4	Reynolds, Konnor	15	RSAL	34.78
5	Andrews, Aaron R	15	SHER	35.81

#87 Girls 8&U 100 Yard Free Relay

Team	Relay	Finals Time
1	SHER Ray, Rose 6 Bess, Brooklyn 7	A Guerrero, Gianna R 8 Peraza, Cate 8 1:35.48
2	RSAL O'Kane, Brigid 8 Tadros, Iryna 7	A McKee, Quinn 8 Peyton, Eleanor 7 2:24.60
---	SHER Mitchell, Claudia 6 Koprowski, Annalise 7	C Norton, Lexie 8 Brezinski, Andi Marie 8 X2:03.39
---	SHER Crouch, Lenora 7 Barca, Maddie 8	B Crews, Eleanor M 6 Nishimura, Hadley N 5 X2:11.45

#88 Boys 8&U 100 Yard Free Relay

Team	Relay	Finals Time
1	SHER Johnson, Luke 8 Michaelson, Freddy 8	A Morrison, Alex 8 Mitchell, Peter 8 1:29.92
---	SHER Rodriguez- Davila, Tiag Groundwater, Indi 7	B Farris, Levi 8 Kelley, Ellis B 8 X2:08.47
---	SHER Rogers, Daniel 6 Gunn, Stanton 8	C Morrison, Mac 6 Brakefield, Sebastian T X2:08.72

#89 Girls 9-10 200 Yard Free Relay

Team	Relay	Finals Time
1	RSAL Groves, Anne M 9 Roughneen, Hannah 10	A Wolff, Peyton 10 Riggins, Chloe 9 2:29.88
2	SHER Crosson, Eden H 10 Clay, Haven R 10	A Burchfield, Madison 10 Wathen, Molly 10 2:32.31

2026 RCSL RSAL vs SHER - Yards WK5 - 7/1/2026

Results - Regular Dual Meet

#89 Girls 9-10 200 Yard Free Relay

---	SHER	B	X3:02.08
	Gil, Gemma 9	Ruhkala, Lydia 10	
	Van Wagenen, Lacey 9	Nishimura, Harper S 9	
---	SHER	C	X3:14.23
	Schwarze, Darcy 9	Koprowski, Sophie 9	
	Wallace, MaryAlice K 9	Hunkapiller, Jane E 10	
---	RSAL	B	X3:28.76
	Reynolds, Kennedy 10	Zhou, Evelyn 10	
	Howard, Amelia 10	Bender, Aria 9	

#90 Boys 9-10 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	2:56.19	
	Dam, James 10	Rodriguez- Davila, Enzo	
	Stinson, Benji P 10	King, Paul 10	
---	SHER	C	X3:36.06
	Page, Graham P 9	Spratley, Caleb 9	
	Varlas, Andrew 10	Bess, Harrison 10	
---	SHER	B	X3:36.77
	Scott, Alex 10	Hicks, Charlie 10	
	Kelley, Emory G 9	Burchfield, Houston 10	

#91 Girls 11-12 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	2:13.71	
	Ray, Lily 11	Knight, Makenzie 12	
	Wilfong, Millie 12	Wathen, Annie 12	
2 RSAL	A	2:59.72	
	Cloar, Piper R 11	Tadros, Apfeya 12	
	Boman, Kyla J 11	Petek, Emma J 12	
---	SHER	B	X2:41.95
	Brown, Kimberlee 11	Koprowski, Cali 11	
	Duehring, Alice 12	Novack, Heather 11	
---	SHER	C	X2:53.62
	Mayer, Barrett V 12	StPeter, Lyla 12	
	Hedrick, Gwyn 12	Koprowski, Kinsey 12	

#92 Boys 11-12 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	2:25.67	
	Nishimura, Easton J 11	Crouch, Micaiah 12	
	Stinson, Elliott M 12	Wathen, Jack 12	
2 RSAL	A	2:26.83	
	Harness, George A 12	Indraputra, Alvin 12	
	Thompson, Xavier J 11	Fleming, Zander T 12	
---	SHER	B	X2:41.36
	Pittman, James 11	Kirkpatrick, Ethan 11	
	Scott, Liam 12	Hunkapiller, Sam J 12	
---	SHER	C	X2:52.93
	Groundwater, Brek 12	Elliott, Tripp 11	
	Norton, Lucas 11	Crosson, Asa J 12	

#93 Girls 13-14 200 Yard Free Relay

Team	Relay	Finals Time
1 RSAL	A	1:55.14
	Harness, Anne Marie M	McKee, Rory 14
	Jones, Lily A 14	Petek, Abby G 14

2 SHER	A	2:12.63	
	Jones, Naomi 13	Simpson, Danica R 14	
	Fleischmann, Cora 13	Walker, Audrey 14	
---	SHER	C	X2:35.42
	Duffy, Sophia 13	Stenmark, Gemma Clar	
	Dyer, Abby 14	Pittman, Maggie 13	
---	SHER	B	X2:36.39
	Eubanks, Luci G 13	Smith, Megan A 13	
	Hedrick, Heather 14	Novack, Blakelyn 14	

#94 Boys 13-14 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	1:56.94	
	Burchfield, Preston 14	Ruhkala, Andrew 14	
	Sprinz, Evan A 14	Detwiler, Fritz A 14	
---	SHER	B	X2:10.48
	Groundwater, Trigg 14	Eubanks, Leland J 13	
	Clay, Eli B 13	Bokmeyer, Bastian 13	

#95 Girls 15-17 200 Yard Free Relay

Team	Relay	Finals Time
1 SHER	A	2:06.05
	Wood, Lillie G 15	Gyorok, Ava 16
	Sprinz, Ceilidh I 17	Clay, Avianna J 15

#96 Boys 15-17 200 Yard Free Relay

Team	Relay	Finals Time	
1 SHER	A	1:48.13	
	Perez, Nico K 17	Eubanks, Graham L 17	
	Yobs, Daniel 15	Everleth, Luke R 17	
2 RSAL	A	1:50.65	
	Groves, William E 14	Bender, Chase 13	
	Reynolds, Konnor 15	Groves, James A 16	
---	SHER	B	X2:08.53
	Powers, Julian Jr 16	Powers, Boaz 15	
	Haeme, Ashton 15	Simpson, Hunter R 16	