

RULES OF COMPETITION - ROCKET CITY SWIM TEAM

Article I. GUIDING PRINCIPLES

It is the intent of this League to encourage children to participate in both intra-city swimming and diving competition.

Article II. DUAL MEET COMPETITION

Section 1. Registration. Participation in a Dual Meet shall constitute official registration as a member of a particular team. A competitor shall be ineligible to compete in the League for any other team than the one for which he is registered until ninety (90) days after his last competition in a League Meet, except with the prior approval of the appropriate Protest Committee.

Section 2. Host Organization Responsibility. The host member team shall be responsible for directing and scoring the Dual Meets and for distribution of awards according to the general procedures approved by the Council. They shall also be responsible for prompt delivery of the meet results to include the original pink and blue score sheets along with the Official Results Sheet to the Publicity and Records Committee at the conclusion of the Dual Meets. If the host team fails to list the names of all relay swimmers on the pink and blue score sheets, the host team will forfeit all relay points for that Dual Meet.

Article III. CITY CHAMPIONSHIP MEET COMPETITION

Section 1. Description. A Rocket City Swim League City Championship Meet shall be held at the end of the summer season. All teams in the League shall be required to participate in the meet, and the results will determine the League and Division Championships and team standings in the League. The events for this meet shall be the same as those held in the regular season Dual Meets in the League.

Section 2. City Championship Meet Direction. The City Championship Meet shall be organized and directed by the duly constituted City Championship Meet Committee. The Meet Committee shall recommend general procedures and regulations for the Meet to the League Council at the July meeting for approval.

Section 3. Member Organization Responsibility. Each member organization participating in the League Championship Meet shall be responsible for abiding by the procedural regulations adopted by the League Council and for providing personnel needed to run this meet when requested to do so by the Meet Committee Chairman. Any member organization failing to provide needed worker positions will be assessed a \$25 fine for EACH needed worker position not provided subject to Executive Committee decision. An assessed member organization MUST pay all fines to be in good standing. Only member organizations in good standing can participate in the RCSL.

Section 4. City Meet Entries. City Meet Entries will include the following:

1. Entries with names clearly printed on the RCSL official form
2. Check for the City Meet fee
3. List of meet workers with phone numbers
4. Completed forms as necessary
5. Team roster (of only swimmers in the City Meet) with birthdays, addresses, and phone numbers clearly printed on the RCSL official form. If a team fails to submit the team roster, as stated, that team maybe assessed a fine of 25 points deducted from the final results of the City Meet subject to Executive Committee Decision.

Article IV. MISCELLANEOUS

Section 1. Parliamentary Authority. The rules contained in Robert's Rules of Order revised shall govern the organization in all cases except when superseded by the Articles and By-Laws.

Section 2. Amendments. Proposed changes to these Rules must be distributed in writing to all Council members twenty-one (21) days in advance of the Council Meeting at which the amendment is to be presented for vote. If a two-thirds (2/3) majority of the representatives present at the meeting approve the amendment, the Rules shall be so amended.

Section 3. Quorum. Representatives from a majority of the member organizations must be present to constitute a quorum of the Council. Any three Board members shall constitute a quorum of the Board.

Section 4. Competitor Age. A diver's eligibility to compete in a particular age group shall be specified in the diving competition rules and regulations. The eligibility of a swimmer in a particular age group will be determined by his date of birth. A swimmer will be placed in the appropriate age group on the anniversary of his date of birth. In instances such as the City Championship Meet when competition extends over two or more days, a swimmer's age shall be fixed by his age on the day the meet begins.

Section 5. Required Meetings. All representatives and coaches will be required to attend two meetings each year: 1) Dual Meet Meeting scheduled for the Monday immediately before Dual Meets begin, and 2) City Meet Meeting at a time to be determined by the 1st Vice-President of Swimming in charge of the City Meet and the 2nd Vice-President in charge of Diving.

Section 6. Competitor Eligibility. All swimmers representing a member club in any League competition must be members of the club for which they compete. Coaches, lifeguards and any other employees of the club may not represent that club in League competition unless they and/or their families are members of that club. The Board will rule on any eligibility disputes with the Rocket City Swim League and that member club's rules as guide. Each member club shall provide a list of eligible competitors at the RCSL meeting on the Monday immediately before Dual Meets begin. This list will be on the RCSL form supplied to member teams or in the same format. All swimmers must be placed in alphabetical order by sex and age group. This list may be revised in writing on the RCSL form (or same format) during the season, but only swimmers so identified prior to a given Dual Meet will be eligible to participate for score in that meet. A swimmer must swim for a member club in at least two (2) RCSL Dual "A" Meets to be eligible to represent that club in the City Championship. Any two teams that have the same scheduled "off" meet per the meet matrix may choose to swim a dual meet whereby all dual meet guidelines and rules are adhered to thus allowing it to be officially counted toward the two meet requirement for City Championship eligibility.

Section 7. Team Responsibility. Each member team is responsible for notifying RCSL of changes in names, telephone numbers, and addresses of representatives and coaches by March 1 of each year. If this information is not provided to the RCSL Secretary, all correspondence will automatically be mailed to the last known name of each team's representatives.

Article V. GENERAL LEAGUE RULES FOR SWIMMING COMPETITION

Section 1. These rules for Dual Meets and City Championship competition are designed to protect the swimmer, provide fair and equitable conditions, and promote uniformity so that no swimmer may gain unfair advantage over another.

Section 2. RCSL rules will be applied in RCSL competition. The absence of a rule means there is no rule, and all rules of the United States Swimming (USS) Technical Rules will apply.

Section 3. Age Groups.

A. Swimming competition will include boys and girls events for the following age groups:

- (1) Six years old and under (individual Freestyle only). A swimmer who participates in the special six and-under individual Freestyle event may also compete in two eight-and-under individual events (other than Freestyle) and all eight-and-under relays.
- (2) Eight years old and under

- (3) Nine and ten years old
- (4) Eleven and twelve years old
- (5) Thirteen and fourteen years old
- (6) Fifteen through seventeen years old

Six-and-unders are part of the eight-and-under group for all events, unless the child has participated in the special six-and-under Freestyle; in which case, he may not participate in the eight-and-under Freestyle event.

- B. Any swimmer may move up one age group in a relay event once in each meet; however, a swimmer who does that may not compete in his/her own age group in the same event. A relay team must include at least three swimmers from the age group.
- C. Each swimmer may compete in three individual events and three relays.
- D. No swimmer may move up in an individual event.

Section 4. Distance.

- A. The distance will be 25 yards/meters for individual events for six-and-under and eight-and-under; 50 yards/meters for all other age group individual events. Relay events will be 100 yards/meters for eight-and under and 200 yards/meters for all other age groups.
- B. Where USS Rules are cited as applicable, they will be those USS Rules specified for short course events.

Section 5. Events and their order.

- A. The events and their order for RCSL meets are: Medley Relay, Freestyle, Breaststroke, Mixed Freestyle Relay, Backstroke, Butterfly, and Freestyle Relay.
- B. In the City Championship, the events will be the same, but the order may be altered and will be determined by the City Championship Meet Committee and published prior to the start of competition.
- C. Each team is encouraged to have a male and female parent Freestyle relay and a parent Mixed Freestyle relay. These adults must either be members of the club for which they compete or must have, or have had, a child swimming for that club. The parents' relays are optional, non-scoring events and may be held during Dual Meets and the City Championship. The distance shall be 100 yards/meters, with each swimmer in the relay going 25 yards/meters. Awards are given in the City Meet.
- D. Each team is encouraged to have an Open individual Freestyle and an Open Medley relay. The participants in these events must be coaches, or members of the pool for which they compete. These relays are optional, non-scoring events and may be held during Dual Meets and the City Championship. The distance shall be 50 yards/meters for the individual Freestyle and 100 yards/meters for the relay, with each swimmer in the relay going 25 yards/meters.

Section 6. Swimming the strokes.

- A. The applicable rules of the current USS Technical Rules, except as modified here, shall be followed in disqualifying in the Freestyle, Breaststroke, Backstroke, Butterfly, and Relays including false start, stroke, kick, turn, and finish.
- B. In six-and-under and eight-and-under events, a swimmer making an honest attempt to do the stroke will not be disqualified for stroke unless he gains unfair advantage.
- C. Coaching of swimmers while they are swimming or lined up to start is not permitted.
- D. A swimmer and each swimmer in a relay team must start and finish in the assigned lane.
- E. A swimmer or relay team must not obstruct or interfere with another swimmer/relay team.
- F. Swimmers will not wear or use any device or substance to help speed or buoyancy during a race. Goggles may be worn. Any swim cap worn may either be solid in color or have logo printing on it representing that swimmer's RCSL team but may not wear a swim cap representing any other team affiliation.

- G. A swimmer who acts in an unsportsmanlike manner may be disqualified at the discretion of the Referee. Anyone who does not act in a sportsmanlike manner or interferes with the meet may be removed at the discretion of the Referee.

Section 7. Relays.

- A. The applicable rules of the current USS Technical Rules shall be followed in disqualifying except as modified here.
- B. Relay swimmers must not use a running start.
- C. All relay swimmers must be declared for Dual Meets. Relay swimmers may be changed at Dual Meets, but coaches must submit the change in writing to the scoring table.
- D. Relays will be declared in the City Championship. The method of declaring the relay team members will be for the coach to write the first and last name of each relay team member together with any alternates on the back of the card. The relay must be composed of swimmers whose names appear on the back of the card, but they may chose their own order of swimming. If heats and finals are held, the team competing in the finals must be the same four swimmers who qualified in the heat, but the order may be changed in the finals. The Referee may allow an alternate to swim in a relay if there is legitimate reason to allow the change.
- E. A team may enter more than one relay in a Dual Meet event, but only one will be scored and that relay must be designated before the start of the event.
- F. Competing relays in Dual Meet events must swim in adjacent lanes.
- G. All Mixed Free Relays must be two (2) boys and two (2) girls.

Section 8. Scratches. A swimmer or relay may scratch at any time without penalty other than loss of points that might have been earned in that event.

Section 9. Dual meets.

A. General.

- 1. RCSL Dual Meets will be held in accordance with the published League schedule which will designate date, home, and visiting teams.
 - a. In the event weather or other unavoidable circumstances such as power failure or pool machinery failure, the teams can end the meet by the achieved score, by mutual decision of the pool's representatives, or by one team's forfeit.
 - b. The meet may be postponed and conducted on the first date acceptable to both teams.
 - c. If the teams cannot agree on a date or winner, the RCSL President will set a date and both teams will compete. A team that refuses to compete forfeits. All Dual Meets must be finished before the City Championship Meet.
- 2. If both teams agree, a scheduled Dual Meet may be held at the visiting team's pool, but the team designated as home team on the League schedule must do what is required of the home team by these rules unless both teams agree to a change of responsibility.
- 3. A team's number will be determined by the order of finish in the previous year's city meet. This makes the schedule of meets different each year.

Sample matrix:

ODD # YEARS

EVEN # YEARS

SWIM MEET DATES

DUAL MEET DATES

HOME	AWAY	HOME	AWAY	HOME	AWAY
AWAY	HOME	AWAY	HOME	AWAY	HOME
5	1	2	4	3	6
1	4	6	2	3	5
6	1	2	3	4	5
1	3	5	2	4	6
1	2	3	4	5	6

	A	B	C
1	TEAM STANDINGS FROM PREVIOUS CITY MEET DETERMINE DIVISION STANDINGS		
2			
3			
4			
5			
6			

4. A team may enter three swimmers in each individual event and all may score except that in a four or five lane pool, a team may enter only two swimmers in each individual event. A team may not swim exhibition swimmers except in the Open Freestyle. A team may enter as many relays as the pool size permits, but only one relay may score and will be designated as the "A" entry. Swimmers not swimming any individual stroke for points may swim Open Freestyle for time and participation ribbon but not for points. Ribbons for this event will be furnished by each team for swimmers participating from their team in Open Freestyle. If weather permits, as determined by the Referee, all age groups will be able to swim in Open Freestyle.
5. Both teams must turn in their written entries at the office of the home pool prior to 7:00 p.m. on the day before the meet.
6. Substitutions will be allowed without penalty in Dual Meets. A coach making changes will inform the scorers so that the score sheets will be an accurate record of those who competed.
7. There will be but one scored race (heat) per event.
8. Meets will start at 6:30 p.m. unless both home and visiting teams agree in advance to a time change.
9. Meets other than officially scheduled RCSL competitions can be scheduled by member teams provided there is no conflict with the RCSL schedule and not until the Dual Meet season has begun.
10. The host team will deliver one complete legible set of score sheets for all events immediately upon completion of the meet to the RCSL Publicity and Records Committee Chairman.
11. Upon completion of the meet, the Referee will be given all place judge sheets and all of the individual pink and blue sheets for each race. The Referee will keep these

records for at least 24 hours in case there is a clerical error or protest. If these records are not needed by RCSL after 24 hours, the Referee can then discard them.

12. When a meet concludes with the score having a margin of up to 20 points, the meet will automatically be rescored by an impartial third party appointed by the President. The results of the rescored meet will be given to the President and/or 2nd Vice President-Swimming who will determine the official winner of the meet.
13. If a team fails to follow the established written procedures of RCSL, that team will be assessed a fine of \$25.00 subject to Executive Committee decision. This fine will be because of but not limited to the following:
 - a. host teams who have not properly prepared pre-meet entries, etc.
 - b. host teams who do not provide (or make arrangements for) the necessary workers as stated on RCSL information sheet for dual meets
 - c. teams who fail to use Official RCSL Forms
 - d. teams who fail to deliver meet entries at the approved time and place.It is the responsibility of the opposing team to notify the President when any of these (or other) infractions have occurred. The Executive Committee will then determine if a fine is to be assessed.

B. Facilities.

1. The home team has the choice of lanes, but the lanes will not be alternated. Each team will have an equal number of lanes.
2. All lanes will be separated by ropes with floats.
3. Starting blocks will not be used. In the Backstroke start, the swimmer may hold the ankles of a person standing at the pool edge.
4. The home team must provide Backstroke Flags at both ends of the pool. The flag line will be fifteen (15) feet from the pool end and high enough to ensure that a swimmer does not contact the flags or supporting rope.

C. Scoring.

1. The order of finish is determined by the place judges. If they cannot agree, then the order of finish will be determined by the modified ballot system. When two (2) across-the-board judges are used instead of lane place judges:
 - a. Value will be assigned to each time and place decision as prescribed under the ballot system.
 - b. If the two judge's ballots for a contestant agree, that shall be the official place for the contestant.
 - c. If all three ballots disagree, the Referee or his designate will evaluate all information and then determine the order of finish.
 - d. Place judges must consist of a judge from one team with a scribe from the opposing team. The scribe will simply record what the place judge calls out and will not attempt to influence the place of swimmers.
 - e. All modified ballots must have the signature of the Referee and Table Head Scorer. If six or more ballots are needed at a given meet, the Referee may require that place judges be replaced. The Table Head Scorer will notify the Referee after six ballots have been tabulated.
2. In individual events, the first place swimmer scores five (5) points, the second place swimmer scores three (3) points, and the third place swimmer scores one (1) point. All three may be from the same team. No other points are scored in that race. In the event of a tie, points will be awarded as provided in the current USS Technical Rules.

3. In relays, the winning relay scores seven (7) points. No other points are scored in that race. In the event of a tie, each team gets 3.5 points.
4. The team with the highest point total after all events is the winner. If both teams have the same total points, the meet is a tie.

D. Awards.

1. The home team will provide the official RCSL ribbons used as awards.
2. First place individual winners receive the blue ribbon; second place individual winners receive the red ribbon; third place individual winners receive the white ribbon; fourth place individual winners receive the purple ribbon; fifth place individual winners receive the gold ribbon; and sixth place individual winners receive the green ribbon. Each member of a winning relay will receive a blue ribbon, and each member of a second place relay will receive a red ribbon in "A" relays only.
3. The home team will turn over the ribbons won by each team to the coach at the conclusion of the meet.

E. Officials.

1. The home team is responsible for all meet officials.
2. The visiting team has the option of providing one stroke judge, one turn judge, one place judge, one relay take-off judge, and one scorer. These officials will judge the home team during the meet.
3. The duties of the officials will be those specified in the applicable rules of the current USS Technical Rules.
4. Coaches of teams involved in a meet cannot act as officials at the meet.
5. There will be at least the following officials for any Dual Meet; an individual may act in more than one capacity:
 - a. Referee who must be USS or RCSL certified.
 - b. Starter who must be USS or RCSL certified.
 - c. Timers: At least one (1) timer on each lane plus one (1) backup timer.
 - d. Stroke Judges: Two (2) required and visiting team may provide two (2). These must be USS or RCSL certified.
 - e. Place Judges: Two (2) required. Across-the-board method will be used. Visiting team may provide one (1).
 - f. Turn Judges: Two required and visiting team may provide one - must be USS or RCSL certified.
 - g. Relay Take-off Judges: Two (2) required, one at each end of the pool and visiting team may provide one (1).
 - h. Scorers: Two (2) required and visiting team may provide one (1).
 - i. Announcer: Shall announce the score for each team as soon as possible after the completion of each event and make other such announcements as the Referee directs.
6. Only USS or RCSL Certified Officials will be allowed to disqualify swimmers. If a team uses an official who is not certified, all disqualifications by that official will be null and void.
7. All officials disqualifying a swimmer shall raise a hand and report any disqualification to the Referee immediately and only the Referee will report disqualifications to the scorers. Failing to raise a hand at the time of disqualification shall void the disqualification. In the event of a disqualification, the Referee will see that both coaches are informed as soon as possible.

F. Records.

1. The home team must have a copy of the current RCSL dual meet records.
2. The coach of the team with a swimmer attempting to break a record must inform the appropriate officials prior to the race to ensure timers will be available and proper procedure is followed.
3. There must be three times of the record swim recorded by three different timers (relatives of the swimmer are disqualified as timers).
4. The middle time will be the official time.
5. All three times must be listed on the time card with the middle time circled. The time card is to be attached to the long pink/blue form or other approved swim result form.
6. All three times are to be listed by the swimmer's name with an asterisk on the long pink/blue form or other approved swim result form.
7. A note will be made on the front of the RCSL Dual Meet-Official Results Sheet indicating a record was broken.
8. All dual meet forms must be turned in to the appropriate RCSL board member on the night of the meet.

Section 10. Determination of division order of finish and champions.

- A. The championship team in each division shall be the team with the best Dual Meet won-loss record.
- B. In the event that two or more teams in the same division complete the Dual Meet schedule with the same won-loss record and no team has won more meets than any other, those teams will be declared Co-Champions.
- C. The RCSL will award a trophy to each Division Champion or Co-Champion team at the completion of season.

Section 11. Determination of team placement & divisions.

- A. The RCSL will be composed of three (3) divisions with an equal number of teams. In the event the total number of League clubs make that impossible, the "A" Division will have one (1) more team than the "B" Division with the "B" and "C" Divisions being equal. If the "B" and "C" Divisions cannot be equal, then the "B" Division will have one (1) more team than the "C" Division.
- B. Team placement in divisions will be determined by the total points scored by each team in the previous City Meet.

Section 12. City championship meet.

- A. There will be a City Championship swimming competition for all teams of the League following the Dual Meet season.
- B. The dates and place of the City Championship shall be as specified by the RCSL Council.
- C. The City Championship Meet Committee will distribute in writing to all member teams the order of events, starting times, scoring system, fees, and any additions to these rules that may be required. Unless otherwise changed, these rules will govern. The RCSL Championship Committee cannot change any of these rules without a majority vote of the RCSL Council.
- D. Officials will be assigned by the RCSL Championship Meet Committee. Their duties will be those specified in the applicable rules of the current USS Technical Rules and Code of Regulations. Officials must be USS or RCSL certified.
- E. Entries will be limited to three (3) swimmers in each individual event and one (1) relay team per event per member club. The official entry will include the best time of the individual swimmer or relay team during the current RCSL season in a race measured in yards or converted from meters to yards by multiplying the meter time by the conversion factor, and that time will be used in seeding. The conversion factor is the default meter to yard by the

league adopted entry management tool or .901 if no default value is supplied. All member clubs will be allowed to enter any swimmers not entered in another stroke in the Freestyle in the City Meet. These swimmers will receive exhibition ribbons for 1-16 places but will not score any team points. These individuals will be seeded in separate heats and awarded in different events from City Championship competition as determined by the Meet Director. All age groups are included in this event.

- F. Heats and finals may be conducted in all events as specified by the RCSL City Championship Meet Committee.
- G. Seeding, establishing the order of finish, and scoring for all heats and finals will be in accord with the rules of the current USS Technical Rules and Code of Regulations.
- H. Once a team submits its official entry, substitutions will be made by the coach on the Scratch and Add Form and will require the approval in writing of the Meet Director.
- I. Coaches of League teams will not serve as meet officials.
- J. Starting blocks may be used, but any swimmer has the option of not using the block without penalty.
- K. The team with the highest point total after all swimming events is the RCSL City Champion. If two (2) or more teams have the same high point total, Co-Champions will be named.
- L. Awards:
 - 1. Awards will be provided by the RCSL.
 - 2. A trophy will be awarded to the City Champion Team, the team scoring the second highest point total, and the team scoring the third highest point total. Trophies will also be awarded to the "B" Division team and the "C" Division team scoring the highest total points in the City Meet.
 - 3. Trophies will be awarded to boys and girls teams scoring the highest total points in each age grouping. Mixed Freestyle Relay points do not count.
 - 4. Individual event winners will receive medals and ribbons as follows: gold for each first place winner; silver for each second place winner; bronze for each third place winner; and ribbons of distinctive color for each place scored.
 - 5. Relay team members will receive medals and ribbons as follows: gold for each member of a winning relay, silver for each member of a second place relay, bronze for each member of a third place relay; and ribbons of distinctive color for each member of other relays that score.
- M. Scoring:
 - 1. In individual events, the first place swimmer scores twenty (20) points, then 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 points respectively.
 - 2. In relays, the winning relay scores forty (40) points, then 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2, respectively.
 - 3. Parents' and coaches' relays are exhibition only and do not count toward team scores.
- N. The Start:
 - 1. The Starter, at a point in time, which the Starter feels is appropriate, shall call the swimmers to the starting area, whereupon the swimmers shall take their places at or near their respective block or platform. (They will not step onto the block or platform at that time.) Note: This may be at a time while the swimmers are still swimming a prior heat.
 - 2. The Starter then, upon receiving clearance from the Referee, (for all events except backstroke and medley relay) directs swimmers to step onto the starting block or platform and remain there. (Refer to USA Rule 101.3.1 for backstroke start requirements.)

3. When the swimmers and officials are ready, the Referee shall signal with a long whistle and an out-stretched arm to the Starter that the swimmers are under the Starter's control.
4. On the Starter's command "take your mark," the swimmers shall immediately respond by assuming their starting position with at least one foot at the front of the block or platform. Sufficient time should follow "take your mark" to enable swimmers to assume their starting positions. When all the swimmers are stationary, the Starter shall give the starting signal.

Section 13. Protests.

- A. The Referee (s) will resolve any dispute that may arise during a RCSL competition. The Head Referee gives the decision.
- B. A Referee's decision may be appealed to the RCSL Protest Committee provided that the dispute involved interpretation of a RCSL or USS rule, and a written appeal is given to the Referee within one hour after the Referee's final decision is made. No judgment calls may be appealed.
- C. Only the coach or the club representative to the RCSL Council can appeal a Referee's decision.
- D. A ruling of the RCSL Protest Committee is final and binding

Section 14. Penalties.

- A. Should an individual compete in violation of these rules in an individual event, all points scored by that individual will be lost. Should an individual compete in violation of these rules in a relay event, all points scored by all relays in which that individual competed will be lost.
- B. The order of finish of the individual events or relays in which that individual competed must then be redetermined and rescored to determine awards and the final score of the meet.
- C. The coach of any team found in violation of any of the Rules of Competition will be subject to discipline by the RCSL Board of Directors. The appropriate discipline will be determined and administered by the Board and may include banning the coach from the RCSL permanently or for a period of time to be determined by the board.

Section 15. "B"competition events.

- A. "B" Meets are to encourage development of new swimmers in individual competition.
- B. "B" Meets will be conducted in accord with RCSL rules modified in accord with the following guidelines:
 1. The meet will include age-group competition in all four (4) individual events for swimmers in the 11-12 age group and younger. Events in the older groups should be worked out by mutual agreement of the coaches.
 2. Relays may be included by agreement of the coaches. At a minimum, a Mixed Freestyle Relay event shall be included whenever possible.
 3. A swimmer who has won a 1st, 2nd, or 3rd place ribbon in an individual event during the current season will not compete in that event in a "B" Meet except as exhibition.
 4. The meet may be scored if the coaches agree, but it may be by age group or sex rather than by total team score.
 5. Stroke Judges will be used.
 6. RCSL Dual Meet ribbons will be awarded to the first, second, and third place winners of each individual events and to all four members of a winning relay. It is recommended that all participants of a "B" Meet receive some form of ribbon or reward.
 7. "B" Meets will not be scheduled until the regular Dual Meet season has begun.

8. Participation in a "B" Meet shall constitute official registration as a member of a particular team. A "B" Meet will not count toward eligibility requirement for the City Meet.

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